

FEBRUARY 2025



The Peptide University

DOSING GUIDE

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2X BLEND

TESAMORELIN (10MG) / IPAMORELIN (5MG)

BEST BLEND FOR OVERALL BODY AND ANTI-AGING
MIXED WITH HEAVY WEIGHT LOSS NEEDS

AMOUNT IN VIAL

BAC WATER IN

AMOUNT PER UNIT

15MG

×

1ML

=

0.15MG PER UNIT

RECOMMENDED DOSE

1.5MG TO 4.5MG
(10 TO 30 UNITS)

FREQUENCY

5 DAYS ON 2 OFF

NOTES:

INJECTION TYPE:
SUBCUTANEOUS

FASTED - 45 MINUTES BEFORE
AND AFTER INJECTION



2X BLEND

CJC NO DAC (5MG) / IPAMORELIN (5MG)

GREAT BLEND FOR ATHLETE TRYING TO PUT ON LEAN MUSCLE TISSUE AND FAT TO MUSCLE CONVERSION.

AMOUNT IN VIAL

BAC WATER IN

AMOUNT PER UNIT

10MG

×

1ML

=

0.1MG PER UNIT

RECOMMENDED DOSE

2MG TO 4MG
(20 TO 40 UNITS)

FREQUENCY

5 DAYS ON 2 OFF

NOTES:

INJECTION TYPE:
SUBCUTANEOUS

FASTED - 45 MINUTES BEFORE
AND AFTER INJECTION



2X BLEND

TESAMORELIN (5MG) / IPAMORELIN (5MG)

GREAT BLEND FOR MUSCLE RETENTION, ANTI AGING AND LOSING FAT IN STUBBORN SPOTS

AMOUNT IN VIAL

BAC WATER IN

AMOUNT PER UNIT

10MG

×

1ML

=

0.1MG PER UNIT

RECOMMENDED DOSE

2MG TO 4MG
(20 TO 40 UNITS)

FREQUENCY

5 DAYS ON 2 OFF

NOTES:

INJECTION TYPE:
SUBCUTANEOUS

FASTED - 45 MINUTES BEFORE
AND AFTER INJECTION



3X BLEND

TESAMORALIN (5MG) / IPAMORELIN (2.5MG) / MGF (500MCG)

BEST BLEND FOR THE ATHLETE LOOKING TO COMPETE,
RECOVERY AND ANTI AGING WHILE ADDING LEAN MUSCLE MASS

AMOUNT IN VIAL

BAC WATER IN

AMOUNT PER UNIT

8MG

×

1ML

=

0.08MG PER UNIT

RECOMMENDED DOSE

1.6MG TO 3.2MG
(20 TO 40 UNITS)

FREQUENCY

5 DAYS ON 2 OFF

NOTES:

INJECTION TYPE:
SUBCUTANEOUS

FASTED - 45 MINUTES BEFORE
AND AFTER INJECTION



4X BLEND

TESAMORALIN (5MG) / IPAMORELIN (2.5MG) /
GHRP-2 (5MG) / MGF (500MCG)

BULKING BLEND TO INCREASE MUSCLE MASS WHILE
INCREASING APPETITE

AMOUNT IN VIAL

BAC WATER IN

AMOUNT PER UNIT

13MG

×

1ML

=

0.13MG PER UNIT

RECOMMENDED DOSE

2.6MG TO 5.2MG
(20 TO 40 UNITS)

FREQUENCY

5 DAYS ON 2 OFF

NOTES:

INJECTION TYPE:
SUBCUTANEOUS

FASTED - 45 MINUTES BEFORE
AND AFTER INJECTION



GLP-1

SEMAGLUTIDE

GLP-1 RECEPTOR AGONIST - ENHANCES INSULIN SECRETION - LOWERS BLOOD SUGAR LEVELS - DECREASE BODY WEIGHT BY 15% - MAY CAUSE NAUSEA

AMOUNT IN VIAL

BAC WATER IN

AMOUNT PER UNIT

2MG

×

1ML

=

0.02MG PER UNIT

RECOMMENDED DOSE

TITRATE UP FROM 250MCG TO 2.5MG
(TITRATE UP FROM 12 TO 125 UNITS)

FREQUENCY

1X PER WEEK

NOTES:

INJECTION TYPE:
SUBCUTANEOUS

SAME DAY EVERY WEEK /
STARTING DOSE IS 250 MCG



GLP-1

SEMAGLUTIDE

GLP-1 RECEPTOR AGONIST - ENHANCES INSULIN SECRETION - LOWERS BLOOD SUGAR LEVELS - DECREASE BODY WEIGHT BY 15% - MAY CAUSE NAUSEA

AMOUNT IN VIAL

BAC WATER IN

AMOUNT PER UNIT

5MG

×

1ML

=

0.05MG PER UNIT

RECOMMENDED DOSE

TITRATE UP FROM 250MCG TO 2.5MG
(TITRATE UP FROM 5 TO 50 UNITS)

FREQUENCY

1X PER WEEK

NOTES:

INJECTION TYPE:
SUBCUTANEOUS

SAME DAY EVERY WEEK /
STARTING DOSE IS 250 MCG



GLP-1

SEMAGLUTIDE

GLP-1 RECEPTOR AGONIST - ENHANCES INSULIN SECRETION - LOWERS BLOOD SUGAR LEVELS - DECREASE BODY WEIGHT BY 15% - MAY CAUSE NAUSEA

AMOUNT IN VIAL

10MG

×

BAC WATER IN

2ML

=

AMOUNT PER UNIT

0.05MG PER UNIT

RECOMMENDED DOSE

TITRATE UP FROM 250MCG TO 2.5MG
(TITRATE UP FROM 5 TO 50 UNITS)

FREQUENCY

1X PER WEEK

NOTES:

INJECTION TYPE:
SUBCUTANEOUS

SAME DAY EVERY WEEK /
STARTING DOSE IS 250 MCG



GLP-1

SEMAGLUTIDE

GLP-1 RECEPTOR AGONIST - ENHANCES INSULIN SECRETION - LOWERS BLOOD SUGAR LEVELS - DECREASE BODY WEIGHT BY 15% - MAY CAUSE NAUSEA

AMOUNT IN VIAL

20MG

BAC WATER IN

4ML

AMOUNT PER UNIT

0.05MG PER UNIT

×

=

RECOMMENDED DOSE

TITRATE UP FROM 250MCG TO 2.5MG
(TITRATE UP FROM 5 TO 50 UNITS)

FREQUENCY

1X PER WEEK

NOTES:

INJECTION TYPE:
SUBCUTANEOUS

SAME DAY EVERY WEEK/
STARTING DOSE IS 250
MCG



GLP-2

TIRZEPATIDE

DUAL GIP/GLP-1 RECEPTOR AGONIST - DECREASE BODY WEIGHT BY 20% - SLOWS GASTRIC EMPTYING - LESS NAUSEA

AMOUNT IN VIAL

BAC WATER IN

AMOUNT PER UNIT

10MG

×

1ML

=

0.1MG PER UNIT

RECOMMENDED DOSE

TITRATE UP FROM 2.5MG TO 10MG
(TITRATE UP FROM 25 TO 100 UNITS)

FREQUENCY

1X PER WEEK

NOTES:

INJECTION TYPE:
SUBCUTANEOUS

SAME DAY EVERY WEEK /
STARTING DOSE IS 2.5 MG



GLP-2

TIRZEPATIDE

DUAL GIP/GLP-1 RECEPTOR AGONIST - DECREASE BODY WEIGHT BY 20% - SLOWS GASTRIC EMPTYING - LESS NAUSEA

AMOUNT IN VIAL

BAC WATER IN

AMOUNT PER UNIT

30MG

×

3ML

=

0.1MG PER UNIT

RECOMMENDED DOSE

TITRATE UP FROM 2.5MG TO 15MG
(TITRATE UP FROM 25 TO 150 UNITS)

FREQUENCY

1X PER WEEK

NOTES:

INJECTION TYPE:
SUBCUTANEOUS

SAME DAY EVERY WEEK /
STARTING DOSE IS 2.5 MG



GLP-2

TIRZEPATIDE

DUAL GIP/GLP-1 RECEPTOR AGONIST - DECREASE BODY WEIGHT BY 20% - SLOWS GASTRIC EMPTYING - LESS NAUSEA

AMOUNT IN VIAL

BAC WATER IN

AMOUNT PER UNIT

50MG

×

3ML

=

0.17MG PER UNIT

RECOMMENDED DOSE

TITRATE UP FROM 2.5MG TO 15MG
(TITRATE UP FROM 15 TO 90 UNITS)

FREQUENCY

1X PER WEEK

NOTES:

INJECTION TYPE:
SUBCUTANEOUS

SAME DAY EVERY WEEK /
STARTING DOSE IS 2.5 MG



GLP-2

TIRZEPATIDE

DUAL GIP/GLP-1 RECEPTOR AGONIST - DECREASE BODY WEIGHT BY 20% - SLOWS GASTRIC EMPTYING - LESS NAUSEA

AMOUNT IN VIAL

BAC WATER IN

AMOUNT PER UNIT

60MG

×

3ML

=

0.2MG PER UNIT

RECOMMENDED DOSE

TITRATE UP FROM 2.5MG TO 15MG
(TITRATE UP FROM 12.5 TO 75 UNITS)

FREQUENCY

1X PER WEEK

NOTES:

INJECTION TYPE:
SUBCUTANEOUS

SAME DAY EVERY WEEK /
STARTING DOSE IS 2.5 MG



GLP-3

RETATRUTIDE

TRIPLE RECEPTOR AGONIST - WITH ADDITIONAL GLUCAGON RECEPTOR - DECREASE BODY WEIGHT BY 25% - EASY ON STOMACH - MORE ENERGY - LESS BRAIN FOG

AMOUNT IN VIAL

BAC WATER IN

AMOUNT PER UNIT

12MG

×

1.2ML

=

0.1MG PER UNIT

RECOMMENDED DOSE

TITRATE UP FROM 2MG TO 12MG
(TITRATE UP FROM 20 TO 120 UNITS)

FREQUENCY

1X PER WEEK

NOTES:

INJECTION TYPE:
SUBCUTANEOUS

SAME DAY EVERY WEEK /
STARTING DOSE IS 2 MG



GLP-3

RETATRUTIDE

TRIPLE RECEPTOR AGONIST - WITH ADDITIONAL GLUCAGON RECEPTOR - DECREASE BODY WEIGHT BY 25% - EASY ON STOMACH - MORE ENERGY - LESS BRAIN FOG

AMOUNT IN VIAL

24MG

×

BAC WATER IN

2.4ML

=

AMOUNT PER UNIT

0.1MG PER UNIT

RECOMMENDED DOSE

TITRATE UP FROM 2MG TO 12MG
(TITRATE UP FROM 20 TO 120 UNITS)

FREQUENCY

1X PER WEEK

NOTES:

INJECTION TYPE:
SUBCUTANEOUS

SAME DAY EVERY WEEK/
STARTING DOSE IS 2 MG



SURVODUTIDE

DUAL AGONIST OF GLP-1 AND GLUCAGON RECEPTORS -
REDUCE APPETITE - WEIGHT LOSS - HELPS WITH
CHRONIC FATIGUE AND FATTY LIVER

AMOUNT IN VIAL

6MG

×

BAC WATER IN

1ML

=

AMOUNT PER UNIT

0.06MG PER UNIT

RECOMMENDED DOSE

**TITRATE UP FROM 600MCG TO 4.5MG
(TITRATE UP FROM 10 TO 75 UNITS)**

FREQUENCY

1X PER WEEK

NOTES:

**INJECTION TYPE:
SUBCUTANEOUS**

**SAME DAY EVERY WEEK/
STARTING DOSE IS 600MCG**



AOD-9604

STIMULATES LYPOSIS (BREAKDOWN OF FAT)
DOES NOT ENHANCE HUNGER OR BLOOD SUGAR LEVELS
GREAT TO STACK WITH OTHER PEPTIDES

AMOUNT IN VIAL

BAC WATER IN

AMOUNT PER UNIT

5MG

×

2ML

=

0.025MG PER UNIT

RECOMMENDED DOSE

500MCG TO 1MG
(20 TO 40 UNITS)

FREQUENCY

5 DAYS ON 2 OFF

NOTES:

INJECTION TYPE:
SUBCUTANEOUS

FASTED BEFORE BED OR UPON
WAKING (FASTED CARDIO)



CAGRILINTIDE

POWERFUL PEPTIDE FOR APPETITE CONTROL,
WEIGHT LOSS, AND METABOLIC SUPPORT

AMOUNT IN VIAL

10MG

×

BAC WATER IN

2ML

=

AMOUNT PER UNIT

0.05MG PER UNIT

RECOMMENDED DOSE

300MCG TO 4.5MG
(6 TO 90 UNITS)

FREQUENCY

ONCE PER WEEK

NOTES:

**INJECTION TYPE:
SUBCUTANEOUS**

**CAN BE ADDED TO GLP TO
REDUCE THAT DOSAGE**





CJC1295 - NO DAC

INCREASES ENDOGENOUS IGF-1 - MINIMAL
EFFECTS ON GHRELIN - THERMOGENIC -
INCREASE MUSCLE MASS

AMOUNT IN VIAL

10MG

×

BAC WATER IN

2ML

=

AMOUNT PER UNIT

0.05MG PER UNIT

RECOMMENDED DOSE

1MG TO 2MG
(10 TO 20 UNITS)

FREQUENCY

5 DAYS ON 2 OFF

NOTES:

**INJECTION TYPE:
SUBCUTANEOUS**

**FASTED BEFORE BED OR
UPON WAKING**





CJC1295 - WITH DAC

INCREASES ENDOGENOUS IGF-1 - MINIMAL
EFFECTS ON GHRELIN - THERMOGENIC -
INCREASE MUSCLE MASS

AMOUNT IN VIAL

BAC WATER IN

AMOUNT PER UNIT

10MG

×

1ML

=

0.1MG PER UNIT

RECOMMENDED DOSE

2MG TO 4MG
(20 TO 40 UNITS)

FREQUENCY

1 TO 2 TIMES
PER WEEK

NOTES:

INJECTION TYPE:
SUBCUTANEOUS

NO MORE THAN 4MG
PER WEEK



GHRP-2

SECOND STRONGEST GHRP - STIMULATES THE RELEASE OF ENDOGENOUS GROWTH HORMONE AND GHRELIN - PROMOTES MUSCLE GROWTH

AMOUNT IN VIAL

5MG

×

BAC WATER IN

2ML

=

AMOUNT PER UNIT

0.025MG PER UNIT

RECOMMENDED DOSE

150MCG TO 300MCG
(6 TO 12 UNITS)

FREQUENCY

AS NEEDED

NOTES:

**INJECTION TYPE:
SUBCUTANEOUS**

**MULTIPLE TIMES A DAY AS
NEEDED BEFORE MEALS**



GHRP-6

THIRD STRONGEST GHRP - STIMULATES THE RELEASE OF ENDOGENOUS GROWTH HORMONE AND GHRELIN - PROMOTES MUSCLE GROWTH - INCREASED APPETITE

AMOUNT IN VIAL

BAC WATER IN

AMOUNT PER UNIT

5MG

×

2ML

=

0.025MG PER UNIT

RECOMMENDED DOSE

150MCG TO 300MCG
(6 TO 12 UNITS)

FREQUENCY

AS NEEDED

NOTES:

INJECTION TYPE:
SUBCUTANEOUS

MULTIPLE TIMES A DAY AS
NEEDED BEFORE MEALS



IPAMORELIN

- STIMULATES THE RELEASE OF ENDOGENOUS GROWTH HORMONE, WITHOUT INCREASE OF APPETITE, CORTISOL OR PROLACTIN - PROMOTES MUSCLE GROWTH

AMOUNT IN VIAL

BAC WATER IN

AMOUNT PER UNIT

10MG

×

2ML

=

0.05MG PER UNIT

RECOMMENDED DOSE

200MCG TO 300MCG
(4 UNITS TO 6 UNITS)

FREQUENCY

5 DAYS ON 2 OFF

NOTES:

INJECTION TYPE:
SUBCUTANEOUS

FASTED - 30 MINUTES BEFORE EACH
MEAL UP TO 3 TIMES A DAY





TESAMORELIN

STIMULATES THE RELEASE OF ENDOGENOUS
GROWTH HORMONE - INCREASED IGF-1 .-
DECREASE VISCERAL FAT -

AMOUNT IN VIAL

5MG

×

BAC WATER IN

1ML

=

AMOUNT PER UNIT

0.1MG PER UNIT

RECOMMENDED DOSE

1MG TO 2MG
(10 TO 20 UNITS)

FREQUENCY

5 DAYS ON 2 OFF

NOTES:

**INJECTION TYPE:
SUBCUTANEOUS**

TAKEN BEFORE BEDTIME





TESAMORELIN

STIMULATES THE RELEASE OF ENDOGENOUS
GROWTH HORMONE - INCREASED IGF-1 .-
DECREASE VISCERAL FAT -

AMOUNT IN VIAL

10MG

×

BAC WATER IN

1ML

=

AMOUNT PER UNIT

0.1MG PER UNIT

RECOMMENDED DOSE

1MG TO 2MG
(10 TO 20 UNITS)

FREQUENCY

5 DAYS ON 2 OFF

NOTES:

INJECTION TYPE:
SUBCUTANEOUS

TAKEN BEFORE BEDTIME



SERMORELIN

STIMULATES THE RELEASE OF ENDOGENOUS GROWTH HORMONE - IMPROVED MUSCLE STRENGTH, GROWTH AND REPAIR - ANTI AGING - IMPROVED BONE DENSITY

AMOUNT IN VIAL

BAC WATER IN

AMOUNT PER UNIT

10MG

×

2ML

=

0.05MG PER UNIT

RECOMMENDED DOSE

500MCG to 2MG
(10 TO 40 UNITS)

FREQUENCY

5 DAYS ON 2 OFF

NOTES:

INJECTION TYPE:
SUBCUTANEOUS

FASTED - 2 HOURS BEFORE FIRST
MEAL OR BEFORE BED OR SPLIT





SERMORELIN

STIMULATES THE RELEASE OF ENDOGENOUS GROWTH HORMONE - IMPROVED MUSCLE STRENGTH, GROWTH AND REPAIR - ANTI AGING - IMPROVED BONE DENSITY

AMOUNT IN VIAL

BAC WATER IN

AMOUNT PER UNIT

5MG

×

1ML

=

0.05MG PER UNIT

RECOMMENDED DOSE

500MCG to 2MG
(10 TO 40 UNITS)

FREQUENCY

5 DAYS ON 2 OFF

NOTES:

INJECTION TYPE:
SUBCUTANEOUS

FASTED - 2 HOURS BEFORE FIRST
MEAL OR BEFORE BED OR SPLIT



HGH 10iu

EXOGENOUS HUMAN GROWTH HORMONE - MUSCLE GROWTH - BONE DENSITY - REGULATES METABOLISM BY PROMOTING LYPOSIS

AMOUNT IN VIAL

BAC WATER IN

AMOUNT PER UNIT

10IU

×

1ML

=

0.1IU PER UNIT

RECOMMENDED DOSE

2IU TO 6IU
(20 TO 60 UNITS)

FREQUENCY

5 DAYS ON 2 OFF or 3
DAYS ON 1 DAY OFF

NOTES:

INJECTION TYPE:
SUBCUTANEOUS

FASTED - 45 MINUTES BEFORE
AND AFTER INJECTION



IGF1-LR3

WORKS BY BINDING TO IGF-1 RECEPTORS - BUILDS MUSCLE - BURNS FAT - INCREASED METABOLISM - MUSCLE RECOVERY AND REPAIR

AMOUNT IN VIAL

BAC WATER IN

AMOUNT PER UNIT

1MG

×

1ML

=

0.01MG PER UNIT

RECOMMENDED DOSE

100MCG TO 200MCG
(10 TO 20 UNITS)

FREQUENCY

5 DAY ON 2 OFF

NOTES:

INJECTION TYPE:
INTRAMUSCULAR

AFTER MEAL / BEFORE GYM



IGF1-DES

N/A

AMOUNT IN VIAL

BAC WATER IN

AMOUNT PER UNIT

1MG

×

1ML

=

0.01MG PER UNIT

RECOMMENDED DOSE

100MCG TO 200MCG
(10 TO 20 UNITS)

FREQUENCY

5 DAY ON 2 OFF

NOTES:

INJECTION TYPE:
INTRAMUSCULAR

AFTER MEAL / BEFORE GYM





HEXARELIN

MOST POTENT GHRP - STIMULATES RELEASE OF
GROWTH HORMONE WITHOUT INCREASE OF APPETITE -
PROMOTES MUSCLE GROWTH

AMOUNT IN VIAL

5MG

×

BAC WATER IN

2ML

=

AMOUNT PER UNIT

0.025MG PER UNIT

RECOMMENDED DOSE

100MCG (3X DAY)
(4 UNITS)

FREQUENCY

3 TIMES A DAY FOR 20
WEEKS

NOTES:

INJECTION TYPE:
SUBCUTANEOUS



MGF

PROMOTES MUSCLE REGENERATION, ACTIVATION AND PROLIFERATION OF SATELLITE STEM CELLS- MUSCLE REPAIR AND RECOVERY

AMOUNT IN VIAL

2MG

×

BAC WATER IN

2ML

=

AMOUNT PER UNIT

0.025MG PER UNIT

RECOMMENDED DOSE

**200MCG TO 600MCG
(8 TO 24 UNITS)**

FREQUENCY

AFTER WORK OUT

NOTES:

**INJECTION TYPE:
SUBCUTANEOUS**

**RUN AS NEEDED FOR MUSCLE
REPAIR AND RECOVERY**



MGF

PROMOTES MUSCLE REGENERATION, ACTIVATION AND PROLIFERATION OF SATELLITE STEM CELLS- MUSCLE REPAIR AND RECOVERY

AMOUNT IN VIAL

5MG

×

BAC WATER IN

2ML

=

AMOUNT PER UNIT

0.025MG PER UNIT

RECOMMENDED DOSE

200MCG TO 600MCG
(8 TO 24 UNITS)

FREQUENCY

AFTER WORK OUT

NOTES:

**INJECTION TYPE:
SUBCUTANEOUS**

**RUN AS NEEDED FOR MUSCLE
REPAIR AND RECOVERY**





GONADORELIN

STIMULATES GONADOTROPIN RELEASE - RELEASES LH AND FSH PROMOTING THE PRODUCTION OF TESTOSTERONE - TREATS HYPOGONADISM

AMOUNT IN VIAL

5MG

×

BAC WATER IN

2ML

=

AMOUNT PER UNIT

0.025MG PER UNIT

RECOMMENDED DOSE

250MCG
(10 UNITS)

FREQUENCY

DAILY

NOTES:

INJECTION TYPE:
SUBCUTANEOUS

RUN BASED ON DR RECOMENTATION
FOR FERTILIZATION





GONADORELIN

STIMULATES GONADOTROPIN RELEASE - RELEASES LH AND FSH PROMOTING THE PRODUCTION OF TESTOSTERONE - TREATS HYPOGONADISM

AMOUNT IN VIAL

BAC WATER IN

AMOUNT PER UNIT

10MG

×

2ML

=

0.05MG PER UNIT

RECOMMENDED DOSE

250MCG
(5 UNITS)

FREQUENCY

DAILY

NOTES:

INJECTION TYPE:
SUBCUTANEOUS

RUN BASED ON DR RECOMENTATION
FOR FERTILIZATION



HCG

TREATS HYPOGONADISM BY STIMULATING THE TESTES TO PRODUCE MORE TESTOSTERONE AND SPERM - IN WOMEN, USED TO INDUCE OVULATION AND FERTILIZATION

AMOUNT IN VIAL

5000IU

×

BAC WATER IN

2ML

=

AMOUNT PER UNIT

25IU PER UNIT

RECOMMENDED DOSE

500IU TO 1000IU
(20 TO 40 UNITS)

FREQUENCY

TWICE PER WEEK

NOTES:

**INJECTION TYPE:
SUBCUTANEOUS**

**RUN 2 TO 3 TIMES A YEAR BASED ON
NEEDS AND BASED ON FERTILATION
AND GONAD HEALTH**



BPC-157

ONE OF THE MOST USED AND STUDIED PEPTIDES FOR
HEALING - NEUROPROTECTIVE - GASTROPROTECTIVE -
CARDIOPROTECTIVE - MUSCULOSKELATAL PROTECTIVE

AMOUNT IN VIAL

5MG

×

BAC WATER IN

2ML

=

AMOUNT PER UNIT

0.025MG PER UNIT

RECOMMENDED DOSE

250MCG TO 750MCG
(10 TO 30 UNITS)

FREQUENCY

DAILY

NOTES:

**INJECTION TYPE:
SUBCUTANEOUS OR IM**

**CAN INJECT LOCALLY NEAR INJURY
- WORKS IN SYNERGY WITH TB-500**



BPC-157

ONE OF THE MOST USED AND STUDIED PEPTIDES FOR HEALING - NEUROPROTECTIVE - GASTROPROTECTIVE - CARDIOPROTECTIVE - MUSCULOSKELATAL PROTECTIVE

AMOUNT IN VIAL

10MG

×

BAC WATER IN

2ML

=

AMOUNT PER UNIT

0.05MG PER UNIT

RECOMMENDED DOSE

250MCG TO 750MCG
(5 TO 15 UNITS)

FREQUENCY

DAILY

NOTES:

INJECTION TYPE:
SUBCUTANEOUS OR IM

CAN INJECT LOCALLY NEAR INJURY
- WORKS IN SYNERGY WITH TB-500



BPC-157

ONE OF THE MOST USED AND STUDIED PEPTIDES FOR HEALING - NEUROPROTECTIVE - GASTROPROTECTIVE - CARDIOPROTECTIVE - MUSCULOSKELATAL PROTECTIVE

AMOUNT IN BOTTLE		TOTAL TABLETS		AMOUNT PER TABLET
15MG	÷	30	=	500MCG

RECOMMENDED DOSE

500MCG TO 1000MCG
(1 TO 2 TABLETS)

FREQUENCY

DAILY

NOTES:

INJECTION TYPE:
N/A (ORAL TABLETS)

AS NEEDED
TAKE WITH MEALS



TB-500

DECREASES INFLAMMATION - BINDS TO ACTIN CREATING
FASTER HEALING TIME - ACCELERATES WOUND HEALING
OF JOINTS AND MUSCLES

AMOUNT IN VIAL

5MG

×

BAC WATER IN

1ML

=

AMOUNT PER UNIT

0.05MG PER UNIT

RECOMMENDED DOSE

2.5 TO 5MG
(50 TO 100 UNITS)

FREQUENCY

TWICE PER WEEK

NOTES:

**INJECTION TYPE:
SUBCUTANEOUS**

WORKS IN SYNERGY WITH BPC-157





TB-500

DECREASES INFLAMMATION - BINDS TO ACTIN CREATING
FASTER HEALING TIME - ACCELERATES WOUND HEALING
OF JOINTS AND MUSCLES

AMOUNT IN VIAL

BAC WATER IN

AMOUNT PER UNIT

10MG

×

1ML

=

0.1MG PER UNIT

RECOMMENDED DOSE

2.5 TO 5MG
(25 TO 50 UNITS)

FREQUENCY

TWICE PER WEEK

NOTES:

INJECTION TYPE:
SUBCUTANEOUS

WORKS IN SYNERGY WITH BPC-157



EPITHALON

WORKS ON PINEAL GLAND OF THE BRAIN - ANTI AGING -
LENGTHENS TELEMERE CAPS OF DNA - RESTORES
MELATONIN LEVELS

AMOUNT IN VIAL

10MG

×

BAC WATER IN

1ML

=

AMOUNT PER UNIT

0.1MG PER UNIT

RECOMMENDED DOSE

**10MG
(100 UNITS)**

FREQUENCY

**20 BOTTLE CYCLE
(FULL BOTTLE DAILY
FOR 20 DAYS)**

NOTES:

**INJECTION TYPE:
SUBCUTANEOUS**

2X TO 3X ANNUALLY



EPITHALON

WORKS ON PINEAL GLAND OF THE BRAIN - ANTI AGING -
LENGTHENS TELEMERE CAPS OF DNA - RESORES
MELATONIN LEVELS

AMOUNT IN VIAL

50MG

×

BAC WATER IN

2ML

=

AMOUNT PER UNIT

0.25MG PER UNIT

RECOMMENDED DOSE

**10MG TO 20MG
(40 TO 80 UNITS)**

FREQUENCY

**4 BOTTLE CYCLE
OVER 10 TO 20 DAYS**

NOTES:

**INJECTION TYPE:
SUBCUTANEOUS**

3X ANNUALLY



PE-22-28

INNOVATIVE PEPTIDE FOR NEUROPROTECTION,
COGNITIVE SUPPORT, AND MOOD ENHANCEMENT

AMOUNT IN VIAL

BAC WATER IN

AMOUNT PER UNIT

10MG

×

1ML

=

0.1MG PER UNIT

RECOMMENDED DOSE

300MCG TO 1MG
(3 TO 10 UNITS)

FREQUENCY

DAILY

NOTES:

INJECTION TYPE:
SUBCUTANEOUS



FOLLISTATIN 344

MYOSTATIN INHIBITOR - PROMOTES INCREASED MUSCLE MASS AND STRENGTH - TREATS MUSCULAR ATROPHY - REDUCES CORTISOL

AMOUNT IN VIAL

BAC WATER IN

AMOUNT PER UNIT

1MG

×

1ML

=

0.01MG PER UNIT

RECOMMENDED DOSE

200MCG
(20 UNITS)

FREQUENCY

4 BOTTLE CYCLE
OVER 20 DAYS

NOTES:

INJECTION TYPE:
IM

3X ANNUALLY



MOTS-c

"EXERCISE IN A BOTTLE" - TURNS AVAILABLE GLUCOSE INTO ENERGY IN THE MITOCHONDRIA - ANTI AGING - USED TO HELP TYPE 2 DIABETES AND INSULIN RESISTANCE

AMOUNT IN VIAL		BAC WATER IN		AMOUNT PER UNIT
10MG	×	1ML	=	0.1MG PER UNIT

RECOMMENDED DOSE

5MG - 10MG
(50 UNITS - 100 UNITS)

FREQUENCY

1 INJECTION EVERY
5 DAYS FOR 20 DAYS

NOTES:

INJECTION TYPE:
SUBCUTANEOUS

3X ANNUALLY

**IF TYPE 2 DIABETIC, 1MG EOD TO LOWER BLOOD SUGARS

***LOWER DOSE 5MG (50 UNITS) WILL REQUIRE 2 BOTTLES FOR THE CYCLE

****HIGHER DOSE 10MG (100 UNITS) WILL REQUIRE 4 BOTTLES FOR THE CYCLE



NAD+

DNA REPAIR - RESTORE CELLULAR DAMAGE - HELPS
CONVERT NUTRIENTS INTO ATP - ENHANCES
MITOCHONDRIAL FUNCTION

AMOUNT IN VIAL

1000MG

×

BAC WATER IN

2ML

=

AMOUNT PER UNIT

5MG PER UNIT

RECOMMENDED DOSE

50MG TO 150MG
(10 TO 30 UNITS)

FREQUENCY

10 UNITS DAILY OR
20-30 UNITS 2X PER WEEK

NOTES:

INJECTION TYPE:
INTRAMUSCULAR

SINGLE DOSE NOT TO
EXCEED 250MG (50 UNITS)



OXYTOCIN

KNOWN AS THE "LOVE HORMONE" - INCREASES SOCIAL BONDING AND EMOTIONAL WELL BEING - HELPS WITH STRESS AND ANXIETY

AMOUNT IN VIAL

10MG

×

BAC WATER IN

2ML

=

AMOUNT PER UNIT

0.05MG PER UNIT

RECOMMENDED DOSE

250MCG TO 500MCG
(5 TO 10 UNITS)

FREQUENCY

DAILY

NOTES:

INJECTION TYPE:
SUBCUTANEOUS



SEMAX

TRIGGERS RELEASE OF BRAIN DERIVED NUEROTROPHIC FACTOR - ENHANCED NUEUROPLASTICITY - HELPING BRAIN LEARN AND ADAPT FASTER - IMPROVES BLOOD FLOW TO BRAIN

AMOUNT IN VIAL

BAC WATER IN

AMOUNT PER UNIT

30MG

×

3ML

=

0.1MG PER UNIT

RECOMMENDED DOSE

500MCG TO 1000MCG
(5 UNITS TO 10 UNITS)

FREQUENCY

DAILY

NOTES:

INJECTION TYPE:
SUBCUTANEOUS



SELANK

ANTI-ANXIETY PEPTIDE - INCREASES SERATONIN AND DOPAMINE SIGNALING - ENHANCED LEARNING AND MEMORY CAPACITY

AMOUNT IN VIAL

5MG

×

BAC WATER IN

1ML

=

AMOUNT PER UNIT

0.05MG PER UNIT

RECOMMENDED DOSE

250MCG TO 500MCG
(5 TO 10 UNITS)

FREQUENCY

DAILY

NOTES:

INJECTION TYPE:
SUBCUTANEOUS



SELANK

ANTI-ANXIETY PEPTIDE - INCREASES SERATONIN AND
DOPAMINE SIGNALING - ENHANCED LEARNING AND
MEMORY CAPACITY

AMOUNT IN VIAL

10MG

×

BAC WATER IN

1ML

=

AMOUNT PER UNIT

0.05MG PER UNIT

RECOMMENDED DOSE

250MCG TO 500MCG
(5 TO 10 UNITS)

FREQUENCY

DAILY

NOTES:

**INJECTION TYPE:
SUBCUTANEOUS**



TESOFENSINE

SERATONIN, NORADRENALINE, DOPAMINE, REUPTAKE INHIBITOR (SNDRI) - ENHANCE MOOD - SUPPRESS APPETITE - INCREASED ENERGY - COGNITIVE FUNCTION

AMOUNT IN BOTTLE		TOTAL TABLETS		AMOUNT PER TABLET
50MG	÷	30	=	500MCG

RECOMMENDED DOSE

250MCG TO 1000MCG
(1/2 TO 4 TABLETS)

FREQUENCY

DAILY

NOTES:

INJECTION TYPE:
N/A (ORAL TABLETS)

FASTED UPON WAKING



TESOFENSINE

SERATONIN, NORADRENALINE, DOPAMINE, REUPTAKE INHIBITOR (SNDRI) - ENHANCE MOOD - SUPPRESS APPETITE - INCREASED ENERGY - COGNITIVE FUNCTION

AMOUNT IN BOTTLE	TOTAL TABLETS	AMOUNT PER TABLET
50MG	÷ 100	= 500MCG

RECOMMENDED DOSE

250MCG TO 1000MCG
(1/2 TO 4 TABLETS)

FREQUENCY

DAILY

NOTES:

INJECTION TYPE:
N/A (ORAL TABLETS)

FASTED UPON WAKING



DSIP

RESETS CIRCADIAN CLOCK - SUPPORTS NERVOUS AND HORMONAL SYSTEM - SUPPORT FOR ALCOHAL AND OPIOD WITHDRAWAL

AMOUNT IN VIAL

5MG

×

BAC WATER IN

1ML

=

AMOUNT PER UNIT

0.05MG PER UNIT

RECOMMENDED DOSE

500MCG TO 1MG
(10 TO 20 UNITS)

FREQUENCY

AS NEEDED
BEFORE BED

NOTES:

INJECTION TYPE:
SUBCUTANEOUS

DELTA SLEEP INDUCING
PEPTIDE



PT-141

SIGNALS CENTRAL NERVOUS SYSTEM TO ENHANCE BLOOD FLOW, AROUSAL AND LIBIDO IN MEN AND WOMEN

AMOUNT IN VIAL

5MG

×

BAC WATER IN

1ML

=

AMOUNT PER UNIT

0.05MG PER UNIT

RECOMMENDED DOSE

500MCG
(10 UNITS)

FREQUENCY

AS NEEDED (2 HOURS
BEFORE SEXUAL ACTIVITY)

NOTES:

**INJECTION TYPE:
SUBCUTANEOUS**

**NOT TO EXCEED .20 UNITS
(CONSULT WITH DOCTOR)**



PT-141

SIGNALS CENTRAL NERVOUS SYSTEM TO
ENHANCE BLOOD FLOW, AROUSAL AND
LIBIDO IN MEN AND WOMEN

AMOUNT IN VIAL

10MG

×

BAC WATER IN

2 ML

=

AMOUNT PER UNIT

0.05MG PER UNIT

RECOMMENDED DOSE

**500MCG TO 1MG
(10 TO 20 UNITS)**

FREQUENCY

**AS NEEDED (2 HOURS
BEFORE SEXUAL ACTIVITY)**

NOTES:

**INJECTION TYPE:
SUBCUTANEOUS**

**NOT TO EXCEED 20 UNITS
(CONSULT WITH DOCTOR)**



MELANOTAN I (MT-I)

USED FOR TANNING (MELANOGENESIS) -
APPETITE SUPPRESSION AND ENHANCED
SEXUAL STIMULUS

AMOUNT IN VIAL

BAC WATER IN

AMOUNT PER UNIT

10MG

×

1ML

=

0.1MG PER UNIT

RECOMMENDED DOSE

500MCG TO 1MG
(5 TO 10 UNITS)

FREQUENCY

EVERY OTHER DAY

NOTES:

INJECTION TYPE:
SUBCUTANEOUS

USE 30 MINUTES BEFORE
TANNING



MELANOTAN II (MT-II)

USED FOR TANNING (MELANOGENESIS) -
APPETITE SUPPRESSION AND ENHANCED
SEXUAL STIMULUS

AMOUNT IN VIAL

BAC WATER IN

AMOUNT PER UNIT

10MG

×

1ML

=

0.1MG PER UNIT

RECOMMENDED DOSE

500MCG TO 1MG
(5 TO 10 UNITS)

FREQUENCY

BEFORE TANNING

NOTES:

INJECTION TYPE:
SUBCUTANEOUS

USE 30 MINUTES BEFORE
TANNING



BDNF

BRAIN-DERIVED NEUROTROPHIC FACTOR

BRAIN FUNCTION - STIMULATES NEUROGENESIS - ENHANCES COGNITION - MOOD REGULATION - MEMORY AND LEARNING

AMOUNT IN VIAL

BAC WATER IN

AMOUNT PER UNIT

10MG

×

1ML

=

0.1MG PER UNIT

RECOMMENDED DOSE

500MCG TO 2MG
(5 TO 20 UNITS)

FREQUENCY

DAILY

NOTES:

INJECTION TYPE:
SUBCUTANEOUS



SS-31

TARGETS INNER MEMBRANE OF MITOCHONDRIA - ENHANCED PROTECTION AND RESOTRATION OF MITOCHONDRIA RESULTING IN MORE ATP - BOOSTS BRAIN POWER - CANCER FIGHTING

AMOUNT IN VIAL

BAC WATER IN

AMOUNT PER UNIT

14MG

×

1.2ML

=

.116MG PER UNIT

RECOMMENDED DOSE

4.67MG
(40 UNITS)

FREQUENCY

7 BOTTLE CYCLE
1X PER DAY FOR 21 DAYS
2 TO 3X PER YEAR

NOTES:

INJECTION TYPE:
SUBCUTANEOUS

BEST TO USE BEFORE
RUNNING A MOTS - C CYCLE



LL-37 Complex

ANTIMICROBIAL, ANTIVIRAL AND ANTIBIOFILM -
USED AS NATURAL ANTIBIOTIC - FIGHTS LUNG
AND GUT INFECTION

AMOUNT IN VIAL

5MG

×

BAC WATER IN

2ML

=

AMOUNT PER UNIT

0.025MG PER UNIT

RECOMMENDED DOSE

250MCG
(10 UNITS)

FREQUENCY

WHILE SICK OR
TO PREVENT ILLNESS

NOTES:

**INJECTION TYPE:
SUBCUTANEOUS**

**STOP USE WHEN
FEELING HEALTHY**



LL-37

ANTIMICROBIAL, ANTIVIRAL AND ANTIBIOFILM -
USED AS NATURAL ANTIBIOTIC - FIGHTS LUNG
AND GUT INFECTION

AMOUNT IN VIAL

5MG

×

BAC WATER IN

2ML

=

AMOUNT PER UNIT

0.025MG PER UNIT

RECOMMENDED DOSE

300MCG TO 1MG
(12 TO 50 UNITS)

FREQUENCY

DURING ILLNESS

NOTES:

**INJECTION TYPE:
SUBCUTANEOUS**

**STOP USE WHEN
FEELING HEALTHY**



GHK-Cu

TIGHTENS LOOSE SKIN - REDUCES FINE LINES AND WRINKLES - FIGHTS HAIR LOSS - WOUND HEALING - BONE REPAIR - FIGHTS INFLAMMATION

AMOUNT IN VIAL

BAC WATER IN

AMOUNT PER UNIT

50MG

×

2ML

=

0.25MG PER UNIT

RECOMMENDED DOSE

1MG TO 2MG
(4 TO 8 UNITS)

FREQUENCY

DAILY

NOTES:

INJECTION TYPE:
SUBCUTANEOUS

30 DAYS ON / 14 DAYS OFF



GHK-Cu

TIGHTENS LOOSE SKIN - REDUCES FINE LINES AND WRINKLES - FIGHTS HAIR LOSS - WOUND HEALING - BONE REPAIR - FIGHTS INFLAMMATION

AMOUNT IN VIAL

75MG

×

BAC WATER IN

2ML

=

AMOUNT PER UNIT

0.375MG PER UNIT

RECOMMENDED DOSE

1MG TO 2MG
(3 TO 5 UNITS)

FREQUENCY

DAILY

NOTES:

INJECTION TYPE:
SUBCUTANEOUS

30 DAYS ON / 14 DAYS OFF



KPV

REDUCES INFLAMMATORY CYTOKINES - PROMOTES
WOUND HEALING - ANTIMICROBIAL - HELPS WITH
INFLAMMATORY BOWEL DISEASE

AMOUNT IN VIAL

5MG

×

BAC WATER IN

1ML

=

AMOUNT PER UNIT

0.05MG PER UNIT

RECOMMENDED DOSE

200MCG TO 500MCG
(5 TO 10 UNITS)

FREQUENCY

BASED ON INJURY

NOTES:

INJECTION TYPE:
SUBCUTANEOUS

AFTER SURGERY,
PREVENTATIVE OR ILLNESS



CURCUMIN

MODULATES INFLAMMATORY PATHWAYS -
PROMOTES TISSUE REPAIR - ANTIOXIDANT -
SUPPORTS GUT HEALTH

AMOUNT IN VIAL

BAC WATER IN

AMOUNT PER UNIT

600MG

×

2ML

=

3MG PER UNIT

RECOMMENDED DOSE

45-90 MG
(15 TO 30 UNITS)

FREQUENCY

DAILY

NOTES:

INJECTION TYPE:
INTRAMUSCULAR



TA-1 COMPLEX

THYMOSIN ALPHA-1

STIMULATES IMMUNE SYSTEM - PRODUCING AND ACTIVATING T-CELLS, DENDRITIC CELLS, AND NATURAL KILLER CELLS - ERADICATES BACTERIA, FUNGI AND VIRUSES

AMOUNT IN VIAL

16.4MG

×

BAC WATER IN

1ML

=

AMOUNT PER UNIT

0.164MG PER UNIT

RECOMMENDED DOSE

3MG TO 8MG
(20 - 50 UNITS)

FREQUENCY

WHEN SICK 2X PER
WEEK

NOTES:

INJECTION TYPE:
INTRAMUSCULAR

USE WHEN SICK
4X PER YEAR



TA-1

THYMOSIN ALPHA-1

STIMULATES IMMUNE SYSTEM - PRODUCING AND ACTIVATING T-CELLS, DENDRITIC CELLS, AND NATURAL KILLER CELLS - ERADICATES BACTERIA, FUNGI AND VIRUSES

AMOUNT IN VIAL

10MG

×

BAC WATER IN

1ML

=

AMOUNT PER UNIT

0.1MG PER UNIT

RECOMMENDED DOSE

3MG TO 8MG
(30 - 80 UNITS)

FREQUENCY

WHEN SICK 2X PER
WEEK

NOTES:

INJECTION TYPE:
INTRAMUSCULAR

USE WHEN SICK
4X PER YEAR



GLOW

GHK-CU (27mg) / BPC-157 (5mg) / TB500 (10mg)

ENHANCE SKIN HEALTH - ACCELERATE HEALING - SUPPORT
OVERALL TISSUE REGENERATION

AMOUNT IN VIAL

BAC WATER IN

AMOUNT PER UNIT

42MG

×

3ML

=

0.14MG PER UNIT

RECOMMENDED DOSE

900MCG to 1800MCG
(10 - 20 UNITS)

FREQUENCY

DAILY

NOTES:

INJECTION TYPE:
SUBCUTANEOUS



KISSPEPTIN

EFFECTIVE PEPTIDE FOR HORMONE BALANCE,
REPRODUCTIVE HEALTH, AND WELLNESS

AMOUNT IN VIAL

BAC WATER IN

AMOUNT PER UNIT

5MG

×

2ML

=

0.025MG PER UNIT

RECOMMENDED DOSE

100MCG to 200MCG
(4 - 8 UNITS)

FREQUENCY

WHEN NEEDED

NOTES:

INJECTION TYPE:
SUBCUTANEOUS



WOLVERINE BLEND

BPC-157 (10mg) / TB500 (10mg)

ENHANCE SKIN HEALTH - ACCELERATE HEALING - SUPPORT
OVERALL TISSUE REGENERATION

AMOUNT IN VIAL

BAC WATER IN

AMOUNT PER UNIT

20MG

×

2ML

=

0.01MG PER UNIT

RECOMMENDED DOSE

500MCG TO 1MG
(10 TO 20 UNITS)

FREQUENCY

5-7 DAYS
PER WEEK

NOTES:

INJECTION TYPE:
SUBCUTANEOUS OR IM

DO NOT INJECT NEAR
INJURY SITE

